

# TENNIS & CULTURE

## SPAIN 2026

Experience Spain Through the Eyes of Locals

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Sep 12 - Sep 22 | Oct 12 - JUNE 22



*Courtside  
Escapes*



ALL LEVELS

SMALL GROUPS

BIG MEMORIES

# YOUR COURTSIDE ESCAPE — AT A GLANCE

**3** Major Cities

Madrid · Valencia · Toledo

**3** Historic Towns

Morella · Sagunto · Peñíscola

**5+** Tennis Sessions

Red clay courts, all levels

**3+** Local Traditions

Flamenco Show · Paella Class · Wine/Olive Oil Tasting · and more

**2** Wellness Experiences

Sunrise yoga & Palasiet Spa

**2** Padel Sessions

Try one of the fastest-growing Sports

DOUBLE

**\$4,800**

per person

SINGLE

**\$5,850**

per person

**A one-of-a-kind Mediterranean escape where small groups create big memories.**

D A Y

1

MADRID

*Arrival & Welcome*

Daytime

01

## Airport Welcome & Hotel Check-In

Private van transfers. Settle into your centrally located 4-star hotel in the heart of the capital.

Afternoon

02

## Explore Madrid at Your Own Pace

Gran Vía, Retiro Park, Plaza Mayor – Madrid's golden Baroque architecture is all around you.

Evening

03

## Welcome Dinner

The whole group gathers for the first time. Review the itinerary, share a meal, and get ready for a trip you won't forget.

Madrid became Spain's capital in 1561. At 667m above sea level it's Europe's highest capital city. It is known for a world-class art scene, and authentic culture that seamlessly blends historic charm with modern life.



D A Y

# 2

**MADRID**



**BENICÀSSIM**

*Drive East to the  
Mediterranean*

Morning

## Free Time in Madrid

Last look at the capital – a museum, a café, or the famous Mercado de San Miguel food market before departure.

2:00 PM

## Private Transfer

Depart from Madrid and travel toward the Mediterranean coast, watching the landscape gradually change from Spain's central plateau to the orange groves near Benicàssim.

Evening

## Arrive at Hotel Albades, Benicàssim

Your 4-star beachfront home for the next 8 nights. 3min walk from the sea, 15 min walk or 3min drive from tennis courts. Enjoy the evening. Restaurant recommendations provided.

Benicàssim sits in the province of Castellón and has been a summer retreat for Valencian aristocracy since the late 1800s. The area is known for Moscatel wine production and some of Spain's finest sandy beaches.

01

02

03



D A Y

3

## TENNIS + VALENCIA

*Clay Courts & City History*

9:00-10:30am

### First Red Clay Tennis Session

Kick off the week on authentic red clay. All levels are welcome. Beginners receive dedicated instruction, while advanced players enjoy a mix of coaching and plenty of fun point play.

01

2:00-4:00 PM

### Private Walking Tour of Valencia

Roman towers, Gothic cathedral (with the Holy Grail), UNESCO Silk Exchange, and the Central Market — one of Europe's oldest food halls.

02

8:30 PM

### Free Time

Enjoy free time in Valencia, with a flexible return to the hotel depending on whether you prefer dinner in Valencia or closer to the hotel.

03

Valencia was founded by the Romans in 138 BC as Valentia Edetanorum. It is the birthplace of paella and claims to house the Holy Grail inside its Gothic cathedral — the only one in the world verified by the Vatican.



D A Y

# 4

## CAVES + SAGUNTO

*Underground Rivers & Ancient  
Ruins*

9:00-10:30

### Tennis Session on Red Clay

Morning session before heading out on the day's adventure.

01

Late Morning

### Coves de Sant Josep — Boat Tour

Glide through one of Europe's longest navigable underground rivers. Centuries-old limestone caverns lit by emerald water — completely unforgettable.

02

Afternoon

### Sagunto — Roman & Moorish City

A hilltop city layered by Iberian, Roman, and Moorish hands. The siege of Sagunto in 219 BC triggered the Second Punic War.

03

Coves de Sant Josep were discovered in 1902 and stretch over 2.5 km underground. The navigable river section alone runs 750 meters.



D A Y

# 5

**YOGA ·  
PADEL ·  
MORELLA**

*Wellness, Racquets &  
Medieval Spain*

[courtsideescapes.com](https://courtsideescapes.com)

6:30-7:30 AM

## Optional Sunrise Beach Yoga

A beginner-friendly session on the sand as the sun rises over the Mediterranean. Start the day with calm, breath, and sea breeze.

01

9:30-11:30

## Padel Session

Try Spain's fastest-growing racquet sport. Tennis courts remain open for independent play.

02

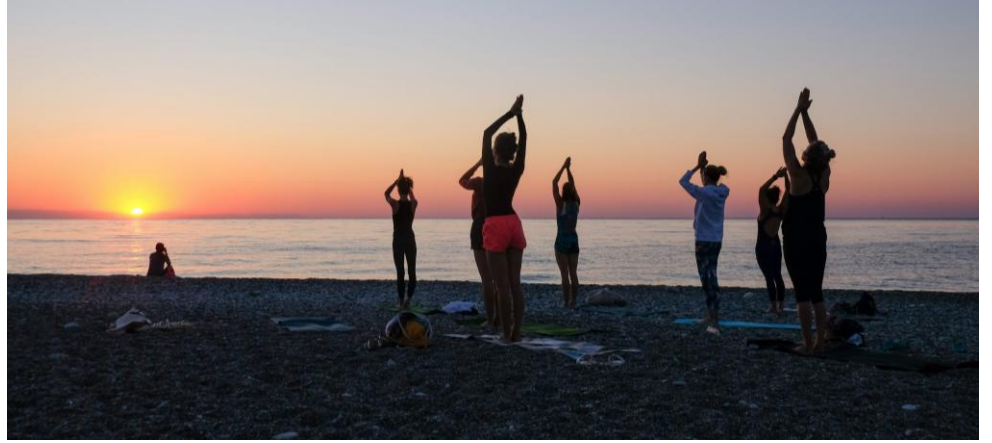
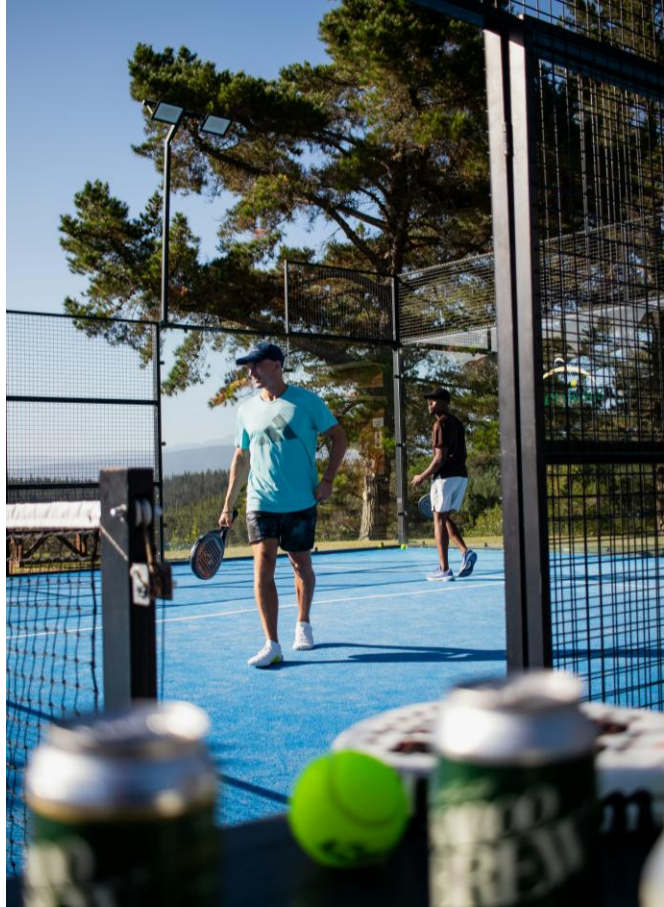
12:30 PM

## Morella — Medieval Fortress Town

A walled mountain town frozen in time. Intact 13th-century walls, a hilltop Moorish castle, and cobblestone streets with panoramic views.

03

Morella's fully preserved medieval walls encircle the entire town — one of only a handful left intact in Spain. The castle sits at 1,072 metres and has been continuously occupied since the Moors arrived in the 8th century.



D A Y

6

**TENNIS**  
**+ WINE**  
**+ SUNSET**

*Clay, Vines & Mountain Views*

9:00-10:30

## Tennis Session on Red Clay

By now you'll notice your game adapting to the slower clay bounce and the warm Mediterranean air.

01

1:00-4:00

## Mas de Rander Winery & Olive Oil

A boutique estate 25 min from the hotel. Full sensory experience: vine walk, cellar tour, wine and olive oil tasting with local cheeses and tapas.

02

Evening

## Free Time, optional visit to Desert de les Palmes at Sunset

Drive 15 min into the mountain natural park for panoramic views stretching to the sea. One of the most beautiful sunsets on the Spanish coast.

03

The Desert de les Palmes Natural Park is named after the 17th-century Carmelite monks who built a monastery there — not for palm trees. The park covers 3,278 hectares of rugged terrain above the Mediterranean coast.



D A Y

7

# PAELLA CLASS + FLAMENCO SHOW

*Spain's Iconic Dish & Rice  
Fields*

9:00-10:30

## Tennis Session on Red Clay

Burn some calories before you learn the secrets of Spain's most famous dish.

01

1:00-5:00

## Paella Class with Michelin-Trained Chef

Hands-on cooking in Valencia with an expert chef. Learn the real recipe, cook it together, eat it together.

02

Afternoon/Evening

## Free time in Valencia + Flamenco Show with Dinner

Optional visit to the lagoon and rice fields that inspired the original paella dish & Authentic Flamenco Show  
An intimate live flamenco performance with guitar, singing, and powerful footwork – dinner included.

03

Paella was born in the Albufera region south of Valencia in the mid-1800s, cooked by farmers over wood fires using rabbit, chicken, and green beans from the fields. Saffron gives it the golden colour.



D A Y

8

**PADEL  
+ DELTA  
+ PEÑÍSCOLA**

*Fun Games, Wild Nature &  
Castles*

9:00-11:00

## **Padel Session**

After your first padel session you'll probably want more, but the tennis courts stay open for independent play if you still can't get enough of the red clay.

01

12:00 PM

## **Delta del Ebro — Spain's Greatest Wetlands**

One of Europe's most important nature reserves. Flamingos, herons, rice paddies, and optional horseback riding (additional cost).

02

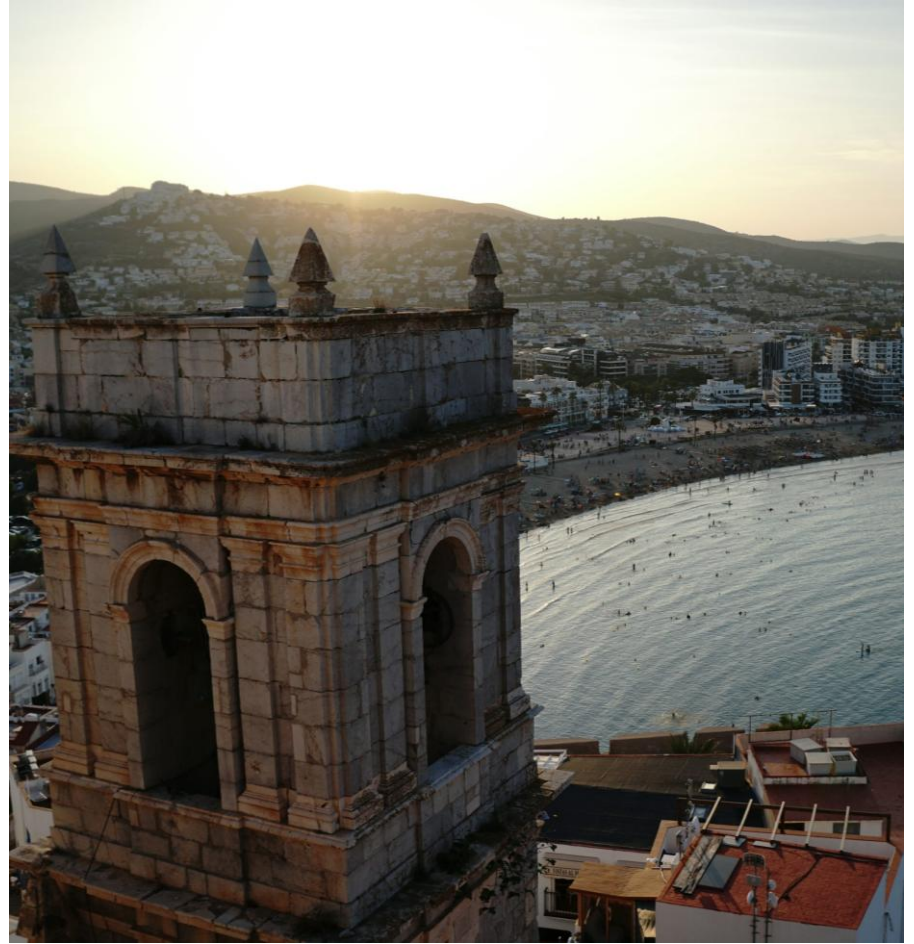
Late Afternoon

## **Peñíscola — Knights Templar Castle by the Sea**

A dramatic coastal fortress rising directly from the sea. Explore the old town, walk the castle walls, and have dinner overlooking the Mediterranean. Parts of Game of Thrones were shot here.

03

Peñíscola's castle was built by the Knights Templar in 1307, then reinforced by Antipope Benedict XIII who held out inside for six years after being declared illegitimate by the Catholic Church.



D A Y

9

## TENNIS + WELLNESS

*Recovery & Relaxation Day*

9:00-10:30

### Tennis Session on Red Clay

Morning clay session. Your last full day at Hotel Albades – make the most of the courts before packing up tomorrow.

01

12:00 PM

### Palasiet Thalasso Spa

One of Spain's leading wellness retreats. Thermal seawater pools, professional massage, and a full meal included. Pure Mediterranean restoration. You deserve it after a week of tennis and exploration.

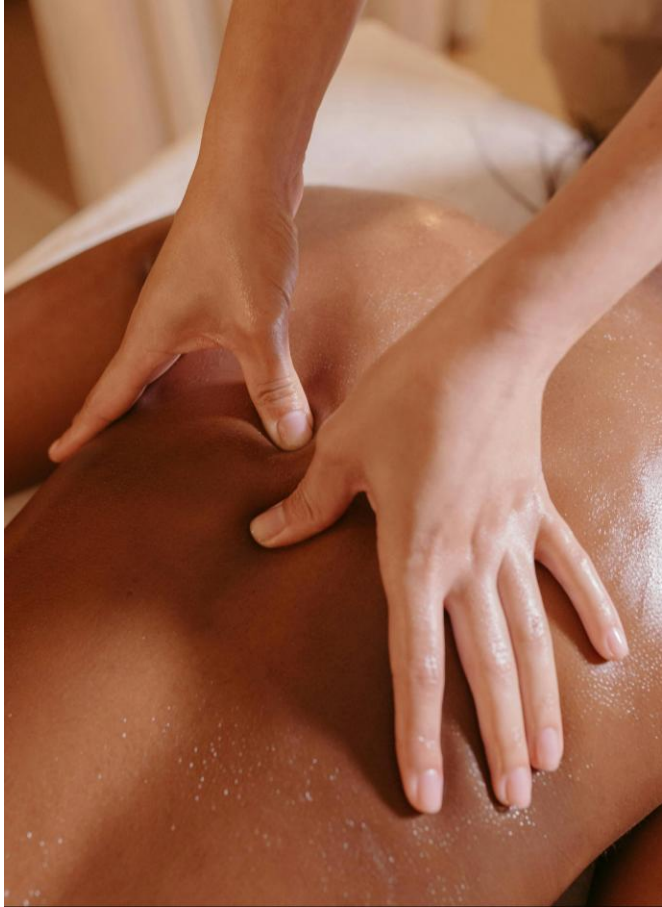
02

Afternoon/Evening

### Free Time

Stroll the beach, explore Benicàssim's promenade, and enjoy your last day on the coast.

03



D A Y

# 10

## TOLEDO

*City of Three Cultures*

Morning

01

### Depart for Toledo

Leave the coast behind and drive through Spain's interior as the landscape changes before Toledo appears on its hilltop above the Tagus River.

Afternoon

02

### Explore Toledo's UNESCO Old City

Medieval streets where Christian, Jewish, and Muslim cultures coexisted for centuries. Gothic cathedral, El Greco museum, ancient synagogues, and Moorish archways.

Evening

03

### Overnight in Toledo's Historic Centre

Stay inside the UNESCO-listed old town walls in a 4-star hotel.

Toledo was Spain's capital before Madrid and served as the political and spiritual heart of the Visigoth Kingdom (6th-8th c.), then became a crown jewel of Moorish Al-Andalus. UNESCO listed it in 1986.



D A Y

11

## DEPARTURE

*Until Next Time, España*

Morning

01

### **Breakfast at Hotel**

One last breakfast before hitting the road. Toledo's historic centre in the morning light is a beautiful way to say goodbye.

Midday

02

### **Transfer to Madrid Airport**

Toledo is approximately 1 hour from Madrid airport. Drop-offs are coordinated individually based on your departure time.

### **Until We Meet Again**

03

We hope this trip has changed the way you see Spain — its history, its people, its food, its sport. You left your mark on the red clay. That's what Courtside Escapes is all about.

# Make Your Mark on the Red Clay.

We can't wait to welcome you.

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