

TENNIS & CULTURE

SPAIN 2026

Experience Spain Through the Eyes of Locals

Sep 5 - Sep 12 | Oct 12 - Oct 19



*Courtside
Escapes*



ALL LEVELS

SMALL GROUPS

BIG MEMORIES

YOUR COURTSIDE ESCAPE — AT A GLANCE

2 Major Cities

Barcelona · Valencia

2 Historic Towns

Peñíscola · Tarragona

4 Tennis Sessions

Red clay courts, all levels
And **one Padel Session**

2 Local Traditions

Paella Lunch · Wine/Olive
Oil Tasting · and more...

2 Wellness Experiences

Sunrise Yoga & Palasiet Spa

5 Curated Dining
Experiences

Taste the very best of Spanish
cuisine, from local favorites to
Michelin-starred excellence

DOUBLE

\$4,600

per person

SINGLE

\$5,350

per person

**A one-of-a-kind Mediterranean escape
where small groups create big memories.**

D A Y

1

Barcelona

Arrival & Welcome

Daytime

Airport Welcome & Hotel Check-In

Private van transfers. Settle into your centrally located 4-star hotel.

01

Afternoon

Explore Barcelona at Your Own Pace

Discover Barcelona's iconic architecture, from the awe-inspiring Sagrada Família to its vibrant historic streets.

02

Evening

Welcome Dinner

The whole group gathers for the first time. Review the itinerary, share a meal, and get ready for a trip you won't forget.

03

Barcelona is the capital of Catalonia and Spain's second-largest city. Known for its stunning architecture, Mediterranean coastline, and vibrant culture, it blends historic charm with modern creativity, making it one of Europe's most iconic cities.



D A Y

2

Barcelona



Benicàssim

*Drive south along the
Mediterranean*

Morning

Free Time in Barcelona

Enjoy one last taste of Barcelona before departure — visit a museum, relax at a café, or explore the famous La Boqueria Market for some delicious local food.

12:30 PM

Private Transfer

Depart from Barcelona and travel south along the Mediterranean coast to Benicàssim, passing charming seaside towns, beautiful beaches, and the region's famous orange groves.

Evening

Arrive at Hotel Albades + Evening Tennis Session

Your 4-star beachfront home for the next 5 nights. 3min walk from the sea, 15 min walk or 3min drive from tennis courts. First tennis session on red clay. All levels are welcome. Beginners receive dedicated instruction, while advanced players enjoy a mix of coaching and plenty of fun point play. Afterwards, enjoy the evening on your own with a nice dinner on the beach front. Restaurant recommendations provided.

Benicàssim sits in the province of Castellón and has been a summer retreat for Valencian aristocracy since the late 1800s. The area is known for Moscatel wine production and some of Spain's finest sandy beaches.

01

02

03



D A Y

3

Paella Lunch + Valencia Private Walking Tour

*Historic Valencia & Iconic
Paella*

9:30-11:00 AM

Tennis Session on Red Clay

Morning session before heading out on the day's adventure.

1:30 PM

Award-Winning Valencian Paella Lunch

Enjoy an authentic Valencian paella lunch at a highly awarded restaurant, recognized for winning multiple prizes for its exceptional paella and traditional cooking.

Afternoon

Private Walking Tour and Free Time in Valencia

Roman towers, Gothic cathedral (with the Holy Grail), UNESCO Silk Exchange, and the Central Market — one of Europe's oldest food halls.

Valencia was founded by the Romans in 138 BC as Valentia Edetanorum. It is the birthplace of paella and claims to house the Holy Grail inside its Gothic cathedral — the only one in the world verified by the Vatican.

01

02

03



D A Y

4

Tennis + Wine and Olive Oil Tasting + Group Dinner

A Day of Spanish Indulgence

9:30-11:00 AM

Tennis Session on Red Clay

Morning session before heading out on the day's adventure.

12:30-4:00 PM

Mas de Rander Winery & Olive Oil

A boutique estate 25 min from the hotel. Full sensory experience: vine walk, cellar tour, wine and olive oil tasting with local cheeses and tapas.

Evening

Group Dinner at a Michelin-recommended Restaurant

Enjoy a group meal featuring creative Mediterranean and Spanish cuisine, made with fresh local ingredients and served in an elegant coastal atmosphere.

01

02

03



D A Y

5

Yoga + Padel+ Peñíscola

*Wellness, Racquets &
Medieval Spain*

courtsideescapes.com

Sunrise

Sunrise Beach Yoga

A beginner-friendly session on the sand as the sun rises over the Mediterranean. Start the day with calm, breath, and sea breeze.

9:30-11:30 AM

Padel Session & Enjoy the Beach

Try Spain's fastest-growing racquet sport. Then enjoy free time at the hotel pool or sand beach.

Late Afternoon/Evening

Peñíscola — Knights Templar Castle by the Sea

A dramatic coastal fortress rising directly from the sea. Parts of Game of Thrones were shot here.

Peñíscola's castle was built by the Knights Templar in 1307, then reinforced by Antipope Benedict XIII who held out inside for six years after being declared illegitimate by the Catholic Church.

01

02

03



D A Y

6

Tennis
+ Spa
+ Michelin
Star
Restaurant

Clay, Recovery & Fine Dining

9:30-11:00 AM

Tennis Session on Red Clay

By now you'll notice your game adapting to the slower clay bounce and the warm Mediterranean air.

1:00-4:00 PM

Palasiet Thalasso Spa

One of Spain's leading wellness retreats. Thermal seawater pools, professional massage, included. Pure Mediterranean restoration. You deserve it after a week of tennis and exploration.

Evening

Michelin-Starred Fine Dining Experience

Dinner with beautiful views, offering a curated tasting menu of multiple refined, high-end dishes that highlight creative Mediterranean cuisine and the finest seasonal ingredients.

01

02

03



D A Y

7

Tarragona + Last Group Dinner

City of Roman Legacy

Morning

01

Depart for Tarragona

One last breakfast in Benicàssim before heading to Tarragona, where Roman ruins, golden beaches, and warm Mediterranean streets are waiting to be explored.

Afternoon

02

Explore Tarragona's UNESCO Roman Heritage

Discover the ancient Roman capital of Hispania through Tarragona's UNESCO-listed streets. Explore the seaside amphitheater, Roman Circus, medieval alleys, and lively plazas where over 2,000 years of history meet Mediterranean charm.

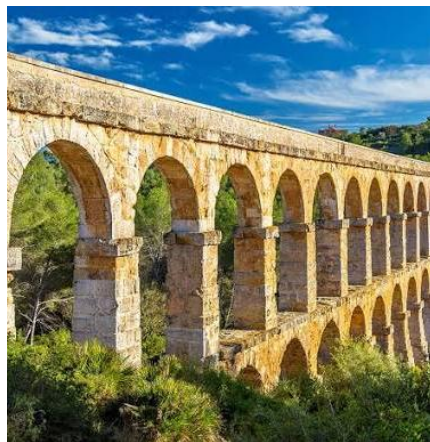
Evening

03

One Last Group Dinner

A final evening together to celebrate an unforgettable week. Enjoy great food, share memories, plenty of laughter, and one last chance to soak up the friendships and moments that made this trip so special.

Tarragona was one of the most important cities in Roman Hispania, serving as the provincial capital and a major Mediterranean port. Its remarkably preserved Roman monuments earned it UNESCO World Heritage status in 2000, showcasing over 2,000 years of history.



D A Y

8

DEPARTURE

Until Next Time, España

Morning

01

Breakfast at Hotel

One last breakfast before hitting the road. Tarragona's old town in the morning light is a quiet way to say goodbye.

Midday

02

Transfer to Barceloma Airport

Tarragona is approximately 1 hour from Barcelona airport. Drop-offs are coordinated individually based on your departure time.

Until We Meet Again

03

We hope this trip has changed the way you see Spain — its history, its people, its food, its sport. You left your mark on the red clay. That's what Courtside Escapes is all about.

Make Your Mark on the Red Clay.

We can't wait to welcome you.

courtsideescapes.com

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